


Home Supports Initiative

SARM

November, 2022



*Older
Adults
Moving
Forward*



Older adults say conclusively that they want to live in their own homes, where they choose, for as long as possible.

Governments tell us that they want older adults to live in their own homes.

It's time to provide the practical, affordable, accessible supports that are necessary to make this a reality!

The Home Supports Initiative is:

- Raising awareness of the need to expand practical home supports
- Engaging individuals, organizations and communities to grow a powerful movement to demand action
- Maintaining contact with supporters to share information and create synergy
- Maintaining contact, engaging and collaborating with governments to raise their awareness of the needs, possibilities and positive return on investment

SSM is calling for:

Real Options

Better Outcomes

Lower Costs



**REAL OPTIONS BETTER OUTCOMES
LOWER COSTS**

Real Options:

Home Supports in Saskatchewan should include:

- Practical supports such as assistance with:
 - Housekeeping
 - Yard care
 - Minor home renovations
 - Pet Care
- Services to address particular medical and/or personal care needs:
 - Consistent, trusted home care workers
 - Expanded in-home services to cover diverse needs



Better Outcomes

Home Supports are a win-win for everyone involved:

- Older adults are healthier, happier and able to continue to contribute to their communities – as volunteers, caregivers, mentors, taxpayers, and voters.
- Communities benefit from the contributions of these residents. Provincial government and taxpayers benefit from providing better services at lower costs.
- Long term care facilities benefit from having fewer demands on their human and financial resources, opening up possibilities for creative care options.



Lower Costs

A Queen's University study "Ageing Well" demonstrated that providing quality home support was one-third the cost of annual institutional care where costs exceeded \$60,000.00 annually per resident.

Home Supports requires a provincial framework and standards. Municipalities play an essential role in the process as services would be provided locally by approved providers. Costs to individuals would be based on income.



Australian Aged Care at a Glance (2019/20)

Level of care	Service	Service objective	% of annual aged care spend*	Consumers
<p>High</p> <p>Low</p>	Residential care	Accommodation and 24 hour care <i>High care needs</i>	64%	189,954
	Home care	Service packages for those at home <i>High care needs</i>	16%	155,625
	Home support (CHSP)	Basic assistance for those at home <i>Low care needs</i>	13%	839,373

* 2019-20 figures. Remaining 4% is Flexible Care and Restorative Care not shown here

Home Supports Program

Key Principles

- Continuing collaboration among provincial government, municipalities and older adults to design a program
- Provincial government needs to invest in the development, implementation and sustainability
- Not imposing a financial burden on municipalities
- Same essential services available to all
- Financial accessibility for all
- Assessment for those needing services
- Qualified and approved service providers

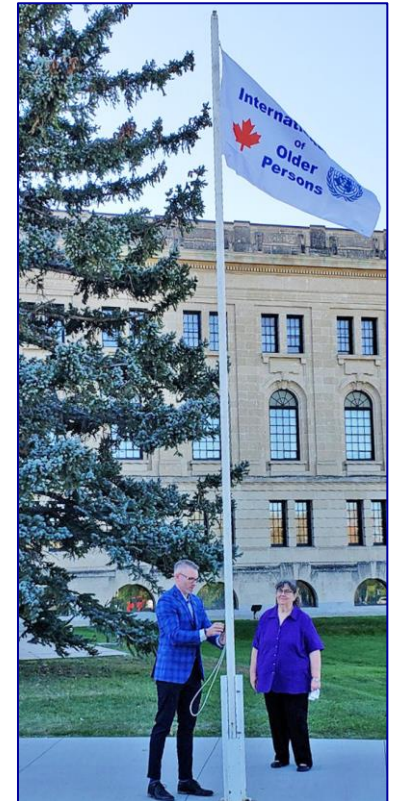
Home Supports Program Components

- A provincial framework
- Same services available for all, but delivery may vary in different locations
- Assessment/accreditation process for service providers - ensure qualifications, consistent service delivery and standards
- Assessment process for potential users
- Sliding scale for cost of services



Strengthening Connections

- Provincial Government
- SUMA
- SARM
- Saskatchewan Health Quality Council
- Gathering of potential allies as a continuing priority for 2022/2023



This is possible!

You can help make Home Supports a Reality

- Consider having your local council pass a motion on the need for home supports in Saskatchewan. Share this motion or conversation with the provincial government and SSM.
- Talk and/or write to your local MLA about how home supports can benefit your community. Use examples.
- Encourage individuals to visit the SSM website and add their name to the list of people who support this initiative.
- Write a letter to the editor of the local paper.

Facilitating Independence

– support to age well at home

A small number of one time, one-year grants are available for projects focussed on innovative, sustainable models to enable older adults to age well at home.

- SSM partnering with Sask Government
 - Up to \$20,000
 - Projects to take place in 2023
 - Deadline for applications – November 25th
- Check out the SSM website after mid October for details and application information

Facilitating Independence

– support to age well at home

- Micro Grants/Seed Money
 - Research, development, and testing of new ideas and innovative approaches
 - Finding ways of doing things that have more impact than conventional models.
 - Sustainability is the key
 - Supporting your local initiatives once funding obtained.

SSM Facebook

www.facebook.com/saskseniorsmechanism

SSM Website

www.skseiorsmechanism.ca

Positive Aging Facebook Group



Search Saskatchewan Positive Aging from your Facebook page.
Ask to join.



**Thank you SARM
for being part of the
Home Supports Initiative!**